

ADAPT

Eating Distress Association
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Volunteer activities

- Support in the development of the group, including funding applications, office administration etc
- Attendance at monthly self-help group meetings
- Monthly committee meetings
- Disseminating information to schools, doctors, dentists, community groups, leisure centres, etc.
- Giving information on eating disorders, when requested, via telephone or by dispatching information
- Presentations and talks
- Publicity/awareness-raising for the group
- Networking and sharing information
- Help Line